

What's Happening...

We had a great turnout for the **Third Annual Love Festival Concert**, over 150 people including performers and volunteers. It was well worth anyone's time, as always. The music was fantastic.

The total amount donated to JAK's Place was higher than ever before. We have so many to thank for so much there isn't room in the newsletter for all. There is going to be a big Thank you page on our website. Only initials will be used unless we know you don't mind your name being mentioned.

Dinner day is changing to Monday in March

Jenny Spude of U.W. Extension will take charge in the kitchen on **March 23**. She will show how to handle and use **knives** safely. The meal that is planned for that day includes veggies and stir-fry. Oriental cooking often involves very creative and precise cutting, so it should be a great opportunity to learn how to handle knives well.

Alberta Erickson of The Healthy Way Store has volunteered to give a short talk on healthy eating and natural sweeteners. The time has not been set, but it will be on a dinner night.

Music Group meets at JAK's now, at 3 pm on the last Thursday of the month. Open the doors of your mind and explore the whole world of music.

Visit us on the Web

www.jaks-place.com

Save paper and stamps — get your newsletter by e-mail, or just pick it up on the News and Events page of our site. You're going to be on line anyway, right? ☺

March Birthdays:

Sarah C., Nick C.,
 Gaylord G., Spencer
 G., Kathleen K., John
 O., Nancy T., Mike U.

Thanks to...

- Thrivent Financial for Lutherans
- Bay View Lutheran Church, our Love Fest host, and Pastor Tim Malek
- The many generous folks who contributed financially to keep JAK's Place going.
- Nancy Schmidt, for always being there when we need her, especially on meal days.
- All our volunteers!



A **HUGE** Thank-you to everyone who attended the Third Annual Love Festival Concert and helped to make it a success.

Thanks to Hobson's Choice, City Rhythm Show Choir, the Bone Boys, Donnie Ray, Elizabeth Spaude, and Robert Nickel for their fine musical performances.

Pastor Nathan Lewis, our Master of Ceremonies, did a wonderful job.



Judy inspires sign-ups for the door prizes

Love Fest Door prizes :

Alexander's Restaurant –
 Dinner for two - *Bill Gittens*

Donny's Glidden Lodge
 Restaurant – Gift
 Certificate - *Elizabeth Gierhahn*

Door County
 Confectionery –
 Valentine Basket - *Jessica Moellenberndt*

Door County Tea &
 Coffee, Inc. – Gift
 Basket - *Chris Larsen*

NAMI Family-to-Family Education Program

FREE 12-WEEK COURSE offers education and support for families and friends of people with mental illness. The course teaches knowledge and skills that the family members need to cope more effectively.

Many describe the impact of this program as life changing.

Classes start Tuesday, March 3, 2009 at JAK's Place — 6:00 pm

For Reservations and Info call Nancy Barley 839-9521 or Roy Jilburg 743-3168

JAK's Place
820 Egg Harbor Road
Sturgeon Bay, WI 54235

Return service requested


Meetings and Events

NAMI — at Hope Church—Monday Mar. 9—**Open Support Group** at 6:00, **General Meeting** at 7:15.
Mar. 23—Support Group only, at 6:00

Survivors of Suicide support group for families of suicides/attempts—Tuesday Mar. 24, 6:30, at JAK's Place

Have you renewed your NAMI membership?

Shamrock Dinner — The Eatin' of the Green

 Monday, March 16, 6:00 — prep starts at 4:00
Bring something green, wear something green, do something green.



JAK's Place schedule at a glance:

Monday: 2:00 to 8:00 (closed Mar. 9)

Tuesday-Wednesday-Thursday: 1:00 to 5:00

Friday: 2:00 to 6:00 (to 8:00 on Drum day, Mar. 20)

Closed Saturdays and Sundays

Mondays — **Dinner** is at 6:00. Prep starts at 4:00.

Closed Mon. Mar. 9, no dinner

Tuesdays, Art Group — 2:30 to 4:00

Thursday, March 26, 3:00 Music Group

Drum Circle Friday, Mar. 20, 6:00 (open 2-8)

Faith in Recovery — Fridays 1:00-2:30

More news at www.jaks-place.com