

What's Happening:

COME CELEBRATE JAK's Place OPEN HOUSE

Saturday September 15, 11:00 AM - 2:00 PM

On September 15 we begin our 7th year as a Mental Health Resource Center. We will provide fresh fruit & veggies, snacks & beverages at noon and of course a special Birthday Cake. Join us for some activities, door prizes, and viewing mementos and pictures taken during the past six years. At 2:00 we will conclude with the raffle drawing of our hand made Queen Size "Confetti" pattern quilt donated by Bettie Greenwood of Aylett, VA. Raffle Tickets are available for sale until 1:30 PM on September 15. Cost per ticket is \$5, or 6 for \$25.

Standardized Dues and Membership Term

As of July 1, 2012 NAMI has standardized membership dues. National has set \$35 as membership rate for all NAMI affiliates. A reduced rate of \$3 for members with limited financial resources is also available (Open Door). National has also revised the term of membership from the quarterly pattern to a new 365 day membership term (where membership will start and end on the date they originated).

Details in next newsletter and on website.

Just In Case!

JAK's Place is a resource center and a place for our participants to meet and socialize. Usually we maintain an overall feeling of safety and good-spirited humor, but things can turn serious very quickly. We had some excitement the other day, as you may have heard.

A lit cigarette fell into a crack near the building's foundation and smoldered for quite some time. We didn't have to deal with any flames, but we called the fire department and they doused the area with water for about 20 minutes just to make sure the fire was completely extinguished.

The point is this: Bad things happen. We need to have strategies in place to deal with emergencies and be prepared to aid our participants and staff if they become sick or are injured. All of JAK's Place staff (Seth, Laura, Ed, and Magda) have successfully completed the Heartsaver AED course at NWTC.

We hope that such emergencies never happen at JAK's but if they do we are well prepared. Remember if you come upon someone who is seriously injured or isn't breathing call 911 and notify the staff immediately. We are trained to aid an injured person until the EMT arrives.

— Seth Wiederanders



Thanks to...

In Memory of Captain Jack McCoy and in Honor of Holly Runquist, R.N.

John Jr. and Faith Ann McCoy,
David & Suzy McCoy Boerke

In Memory of Mary "Mickey" Fellows

Marlys Trunkhill & Paul Klapatch, Lori Ehlers

Donations received from:

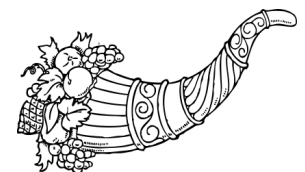
Yogi Bear's Jellystone Kids Carnival,
Jim & Jill Kavicky
Sharon Wiederanders
Marlys Trunkhill & Paul Klapatch
Attic Correctional Services, Inc.

In Kind Donations:

Yogi Bear Campers – Canned goods & non-perishable food items
Nancy Taylor – Garden Veggies
Community Support Program – Picnic Supplies

New/Renewing Memberships:

Tia Bellisle, Kathryn Kletzien, Pam Peterson



JAK's Place
820 Egg Harbor Road
Sturgeon Bay, WI 54235

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Art Group at Woodwalk

On Wednesday, August 1st, the Art Group and quite a few others went to Woodwalk Gallery for a session with artist Jodi Brey.

We participated in a project called **The Legend Agenda**, "a month-long artist residency focused on creating community narrative and public art which address the theme 'WHAT IS POSSIBLE?'" After taking a look at what had been done so far, we went out to a little clearing in the woods where we sat around a large table to begin our part of the project.



If you could wave a magic wand and make ONE THING POSSIBLE What would that be?

To learn more about **The Legend Agenda** and our role in it, please visit our website,
www.jaks-place.com



Meetings and Events

CLOSED Monday Sept. 3

NAMI general meeting — Monday, Sept. 10th, 7:15, at JAK's Place.

NAMI — Open Support Group:
2nd & 4th Mondays, Sept. 10th & 24th, 6pm at JAK's. Anyone is welcome to come.

Yoga — Mondays??? 5:00-5:45

Tai Chi — Mondays, 4:00

Art group Tuesdays, 2:30-4:00

Tuesday Dinner is at 5:00. PLEASE SIGN UP AHEAD. We can only seat twenty.

Movies — 1st & 3rd Wednesdays, 2:45

Chess Group — Wednesdays, 1:30

Game Days — every 2nd and 4th Wednesday, 1:30-3:00

Journaling Poets Group — Fridays, 3:30pm

Faith in Recovery — Fridays, 1:00-2:00

Friday is Computer Day!

JAK's Place schedule at a glance:

Monday: 1—5

Tuesday: 1—6

Wednesday - Thursday -

Friday - 1—5