

JAK's Place – 820 Egg Harbor Road, Sturgeon Bay Phone: (920) 818-0525 E-mail: jaksplace@att.net
A resource center for anyone affected by mental illness, encouraging a caring atmosphere focused on the hopes, needs, goals and gifts of all who come through our door.

What's Happening:

Annual CSP Picnic

Friday August 3rd at Sunset Park is the annual CSP picnic – Gathering is at 11:00 am with lunch at 12:00 pm. Faith in Recovery will not meet that day and JAK's Place will open at 2pm so that everyone can attend the picnic. Meat, beverages, and side dishes are providedif you wish to bring snacks and desserts - do so.

QUILT RAFFLE

Tickets are still available for our Confetti Quilt Raffle until the drawing on September 15th. Stop by at JAK's Place to view the quilt and purchase tickets which are \$5. per ticket or 6 for \$25. It is a beautiful Queen size quilt donated by Sheryl Flores's Aunt Bettie.

NEW Z00 Trip a Huge Success!

A total of 39 people, including 3 CSP Case Managers and 3 JAK's Place staff, participated in the day-long trip to the NEW Z00 in Suamico, with lunch at Old Country Buffet and shopping spree at St. Vincent de Paul and Good Will.

NAMI Door County and Community Programs pooled their resources to make this event possible. Funding resources were the Block Grant from Community Programs and the United Way Partnership with NAMI. Together each year we co-sponsor an opportunity for persons with a mental illness and their families to enjoy a day of fun activities.

Garden News

It's been a bad summer for peas, but the tomatoes and cucumbers are thriving. Recent rain has helped a lot. Late crops are being planted while early plantings are harvested. Gardens have cycles within cycles; it's not a straight one-season beginning-to-end run. There are good and bad days for planting too. Nothing's ever quite the same twice. One thing's for sure, when it's hot and doesn't rain, the hose gets a workout!

Suggestions for next year's planting are welcome--it's never too early to start planning. Some of the beds are going to need fresh compost and one has to be repaired.

Thanks to...

- Bill & Nancy Wiederanders
- Attic Correctional, Inc.
- Bay Pharmacy
- Robert E. Hansen Family Foundation
- Rotary Club
- Carol & Paul Mackerman, in memory of Jack McCoy



In Kind donations from:

- Nancy Taylor, fresh veggies
- Dolly Lindsay, July birthday cake
- Welsing's Foodland, NAMI picnic donation
- Young Automotive, Inc., vehicle rental reduction
- Sandy Finnel, self standing basketball hoop
- Nancy & Lynn Schmidt, picnic table

Thanks Yogi!

As you may know NAMI Door County is a "Not for Profit" organization. JAK's Place requires substantial funds to facilitate our programs and pay our mortgage and bills and when we have the chance to make a few bucks and spread awareness at the same time we jump at the chance!

Yogi Bear's Jellystone Park has named us as the charity that will benefit from their annual Kids Carnival Weekend, which will be held August 3,4,& 5. This is a very lucrative fundraiser for our cause and they have done this for us for the last three years! We could use a few volunteers to help out with the activities and answer questions about NAMI and JAK's Place. The games portion of the carnival only lasts about 1.5 hours. If you would like to help us out stop in at JAK's and sign up!

Seth Wiederanders

“Blessed are the flexible, for they shall not be bent out of shape.”
– Michael McGriffy, M.D.

JAK's Place
820 Egg Harbor Road
Sturgeon Bay, WI 54235

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ART GROUP FIELD TRIP

Wednesday August 1st we are inviting members of the Art Group and any other interested persons to make a field trip to Woodwalk Gallery. Departure at 1:00 from JAK's.. Artist Jodi Brey will be facilitating a FUNShop (1:30-3:30) which will focus on creativity and interaction with nature in the creation of an environmental sculpture – ‘The Legend Agenda’. Brey is a jewelry artist, environmental sculptor and expressive arts therapist. A Door County native, she has completed community development and public art projects in Wisconsin, Massachusetts, Tennessee and Arizona.

Woodwalk Gallery Opening Reception

Sunday August 5th will be the opening reception at Woodwalk Gallery 6746 County G, one mile off Wisconsin 42, south of Egg Harbor. (Check the Advocate for time and information)

Meetings and Events

NAMI general meeting — Monday, August 13th, 7:15, at JAK's Place.

NAMI — Open Support Group:
2nd & 4th Mondays, August 13th & 27th, 6pm
at JAK's. Anyone is welcome to come.

Yoga — Mondays, August 6th, 13th, & 20th, 5:00-5:45

Tai Chi — Mondays, 4:00

Movie day — none planned for this month

Chess Group — 3rd Wednesday, 1:30

Art group Tuesdays, 2:30-4:00

Tuesday Dinner is at 5:00. PLEASE SIGN UP AHEAD. We can only seat twenty.

Game Days — every 2nd and 4th Wednesday, 1:30-3:00

Journaling Poets Group — Thursdays, 3:30pm

Faith in Recovery — Fridays, 1:00-2:00

Opening late Fri. August 3, 2pm, no Faith in Rec. Friday is Computer Day!

JAK's Place schedule at a glance:

Monday: 1—5

Wednesday - Thursday -

Tuesday: 1—6

Friday - 1—5