

JAK's Place – 820 Egg Harbor Road, Sturgeon Bay Phone: (920) 818-0525 E-mail: jaksplace@att.net
A resource center for anyone affected by mental illness, encouraging a caring atmosphere focused on the hopes, needs, goals and gifts of all who come through our door.

What's Happening:

ANNUAL DINNER MEETING

Our annual dinner meeting was held at Bay View Lutheran Church on November 14th when we elected officers and presented awards to our outstanding volunteers for the year. This year's awards were given to:

- ◇ **David Miller**, who has guided us and assisted with our financial records since we opened JAK's Place in 2006. His financial expertise has helped our various treasurers in preparing reports and getting acquainted with Quick Books (which is anything but quick, especially on our slow computer!).
- ◇ **Brian Frisque**, who has donated his surveying skills as we have merged our three properties on Egg Harbor Road & Eighth Avenue into one NAMI property unit.
- ◇ **Mary Ann Jandrin**, for her dinner prep on Tuesdays and serving brats up in Valmy.
- ◇ **Corey Savola**, who has volunteered often when his muscle was needed for planting shrubs & trees, picking up storm debris, AND for being one of our reliable Brat Chefs at Welsing's Foodland.

We are grateful for the use of Bay View's facility for our annual event and all those persons that contributed to the delicious meal and celebration. Econo foods prepared the lasagna & garlic bread which was donated by Community Programs block grant. Our meeting ended at 7:15, in time for almost everyone to get home for the Packer kickoff. Several folks stayed to help with the kitchen cleanup, which was greatly appreciated.



Parents & Teachers as Allies Training

Many of you are acquainted with the Family-to-Family Education Program. The author of that program is Joyce Burland, and she has also written the program for parents and teachers. On December 10th, six NAMI Door County members will be trained to present In-Services for school professionals. *(continued in next column)*

Thanks to...

- Sister Bay Moravian Church for food donation.
- Jean Severson for turkey & dressing for our Thanksgiving meal.
- Ministry Health Care, Community Programs Block Grant, Brian Frisque: for financing and supplying transportation to Lambeau Field, the Packer Hall of Fame & Old Country Buffet.
- Sandy Finnel for donating the portable basketball hoop – to arrive in the spring!
- Jacksonport United Methodist Church donation to JAK's Place
- Andrea Kinsey-Jauquet, for two cases of lovely new coffee mugs for Gabriele's Kitchen.
- Marlys & Paul – Donation in Memory of Kathy Schultz.
- Dave & Chris Solo of Copies Plus for their years of printing services for NAMI Door County.



Yoga for Mind and Body
Starts Monday, Dec. 12th
5:00pm to 5:45pm

The training, held at Leathem Smith in Sturgeon Bay, is an all day affair, paid for by NAMI Wisconsin. All education materials, the expense of training, and meals, are included at no cost to our trainees.

Children are being diagnosed at a young age with emotional problems and symptoms of brain disorders. The sooner these symptoms are discovered the sooner help and intervention services can occur.

We all know that the effect of appearing different can lead to bullying and stigma, which results in the loss of self worth and possibly to self destruction.

Our team is comprised of NAMI members Judy Gartman, Deb Doyle, Jackie Smith, Michaela Holey, Skyler Champeau, and Marlys Trunkhill. We thank them for taking an entire day to receive this training. We also offer the use of our resource center to parents and children wanting to have a meeting place for support.

JAK's Place
820 Egg Harbor Road
Sturgeon Bay, WI 54235

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Packer Party at JAK's!

Sunday, Dec. 4th, at 3:00, and
Sunday, Dec. 18, starting at noon.

Watch the game on our widescreen TV with your friends. Snacks will be served.

December Birthdays:

Alison E. Mark S.
Wayne R. Sonya S.
Kate O.

December birthdays will be celebrated at our Dec. 6th dinner.



Consumer's Corner

Alison Ernst and Sarah Charney represent consumer interests on the NAMI Board. They ask for your suggestions for programs of interest and field trips. One idea for a field trip is to revisit HANDS ON Art Studio to make a Christmas decoration. We did this a number of years ago and it was a fun time. Another suggestion was to attend a concert or performance during the holiday season. Please contact Alison or Sarah with your ideas. NAMI Door County is here to serve you but we need to know your desires!

Strategic Plan—The NAMI Board plans on having two meetings devoted to strategic planning. We last did this in February of 2008 with Rob Burke of UW Extension. He is on temporary leave at this time and Karen Hintz is filling in during his absence. In addition to board members we want to invite community leaders and interested persons to join us in this process. We are looking at the possibility of mid January – early February dates. Our next newsletter will have information regarding time and place.

Meetings and Events

NAMI General Meeting — Monday, Dec. 12th,
7:15, at JAK's Place

NAMI — Open Support Group:

Monday, Dec. 12th, 6pm, at JAK's. Anyone is welcome to come.

Faith in Recovery — Fridays, 1:00

Packer Parties — Sunday, Dec. 4th, 3:00, and
Sunday, Dec. 18, noon

Yoga with Anne Miller, Monday, Dec. 12th, 5:00

CSP Holiday Party — Bay View Lutheran Church
11:00am gathering, dinner at noon

Please check our monthly calendar and website
for late-breaking news. www.jaks-place.com

JAK's Place schedule at a glance:

Monday: 1—5

Wednesday - Thursday -

Tuesday: 1—7

Friday - 1—5

Art group Tuesdays, 2:30-4:00

Tuesday Dinner is at 5:00. PLEASE SIGN UP AHEAD.
We can only seat twenty.

Game Days — every 2nd and 4th Wednesday, 1-2:30

Journaling Poets Group — Thursdays, 3pm

Friday is Computer Day— bring your questions, learn something new. Laptop acting funny? Bring it in.

**CLOSED Tuesday, Dec. 20th
and Monday, Dec. 26th**