



Newsletter

July 2011

JAK's Place – 820 Egg Harbor Road, Sturgeon Bay Phone: (920) 818-0525 E-mail: jaksplace@att.net
A resource center for anyone affected by mental illness, encouraging a caring atmosphere focused on the hopes, needs, goals and gifts of all who come through our door.

What's Happening:

BRAT SALES A HUGE SUCCESS

Thank you to the folks at Welsing's Foodland for letting NAMI volunteers work their Brat Stand over Memorial Day Weekend. We had 26 volunteers that each put in a three hour shift, 9-12 am or 12-3 pm Saturday, Sunday and Monday. This was a great opportunity to spread the word about mental illness and the programs that are offered at JAK's Place plus earn money to support our mental health resource center.

Three weekends remain: July 2-3-4, September 3-4-5, and October 8-9-10. If you can help on any of these dates please give Seth a call at JAK's, 818-0525, to schedule a shift. Transportation to and from Valmy will be provided to those that need it, and car pooling is also available.

NEWS FROM GABRIELE'S KITCHEN

We welcome a new employee, Maryann Jandrin, our kitchen helper on Tuesdays. Maryann comes in at 1 pm and works two hours assisting the chef with various tasks. Today, as I write this, there is an inviting aroma of apple pies baking in the oven, whole wheat bread rising, and Chicken Cacciatore in the crock pots. Ed DiMaio was on the staff at St. Joseph's Retreat Center and is quite adept at cooking for large groups. How lucky can we get?

UNDER CONSTRUCTION

Please be very careful as you enter the driveway to our parking areas. Sturgeon Bay Utilities has been busy with the Egg Harbor and 8th Avenue reconstruction project. Heavy equipment is abundant on our properties with a new gas line being put in plus the lifting of our little house in preparation for removal to a new location.



Thanks to...

- Donation by Bob and Alison Greaves in memory of Gabriele Wolfe
- Donation from William Wiederanders

BASIC FIRST AID TRAINING

On Monday July 25th 7:00 - 8:30 pm, Ellen Knipfer, R.N. from Ministry Door County Medical Center, will be at JAK's Place to train our members and any interested persons on Basic First Aid Procedures. Everyone attending will also be supplied with a first aid kit to take home with them. Please let staff know you will participate in the training so that we have a sufficient number of kits on hand.

Our open support group, Care & Share, will meet that evening 6-7pm as usual with the training session immediately following in the Meeting Room. Light snacks will be provided as well.

NAMI SEPTEMBER 12th MEETING

We will have a guest presenter from NAMI – Fox Valley for our September Meeting, Sandy Pharis, Veterans Support Specialist. Sandy has given a number of workshops in recent years at our NAMI Wisconsin Annual Conferences. We are very fortunate that she has offered to help us as we begin to implement some services for returning veterans here in Door County. Help us to get the word out please and also make every effort to be present for our September meeting.



VALMY BRAT DAYS SCHEDULE

July 2-3-4 — September 3-4-5 — October 8-9-10

NAMI Picnic at Otumba Park, Monday July 11th, 5pm gathering and dinner.

JAK's Place
820 Egg Harbor Road
Sturgeon Bay, WI 54235

Stamp

Return service requested

Address Label

Ed DiMaio—1+1=JAK's

Two of my favorite jobs have merged into one. Working as a Psych tech for Community Programs was a very gratifying position for me and in some ways being a host at JAK's is similar; working closely with people in helpful and encouraging ways.

In a different way my work as a cook at St. Josephs Retreat in Baileys Harbor was amazing. It challenged my creativity and was exciting and gratifying.

Well, it seems both jobs have merged into one here at JAK's Place where I am able to work in supportive ways with folks as well as preparing simple yet yummy whole foods and teaching about healthy choices in regard to diet. I love when separate things that I love merge into something more.



Manning the desk at JAK's



United Way
of Door County

- July Birthdays:**
- David F
 - Shareen G
 - Maryann J
 - Paul K
 - Donald K
 - Heather R
 - David W

Meetings and Events

NAMI Annual Picnic — July 11, 5pm, at Otumba Park. Main course and beverage provided. Bring a dish to share.

There will be a regular meeting in August, and in September we'll have a special guest presenter. See article on front page.

NAMI — Open Support Group:

Monday, July 25, 6pm
at JAK's. Anyone is welcome to come.

Faith in Recovery — Fridays, 1:00-2:00

Please check our monthly calendar and website for other activities. Also, please have a look at our Wish List page! www.jaks-place.com

JAK's Place schedule at a glance:

Monday: 1—5 Wednesday - Thursday -
Tuesday: 1—7 Friday - 1—5

Art group Tuesdays, 2:30-4:00

Tuesday Dinner is at 5:00. PLEASE SIGN UP AHEAD so that we can plan how much to cook.

Game Days — every 2nd and 4th Wednesday, 1-2:30

Friday is Computer Day— bring your questions, learn something new

Closed Monday July 4 — Enjoy the long weekend!