

JAK's Place – 820 Egg Harbor Road, Sturgeon Bay Phone: (920) 818-0525 E-mail: jaksplace@att.net  
*A resource center for anyone affected by mental illness, encouraging a caring atmosphere focused on the hopes, needs, goals and gifts of all who come through our door.*

## What's Happening:

### Meet and Greet Jennifer Swender

Jennifer will begin a week of training sessions at JAK's Place August 23rd and will be on our regular staff schedule in September. She replaces Judy Gartman who retired the end of July. Jennifer brings a lot of experience and talents to this position and we look forward to having her as a member of our team.

### Saturday September 18th

#### 12:00 -2:00pm Picnic

Join NAMI members, volunteers, JAK's Place members and staff as we celebrate the beginning of our fifth year as a Mental Health Resource Center. HOORAY for ALL of US.

**And the garden?** Glad you asked. Tomatoes are rolling in and the purple Italian beans are threatening to take over the back yard. Cukes, carrots, summer squash, peppers—we got'em. Second crop of lettuce is ready to thin out.

### LIBRARY NEWS

Once again we have reorganized the Lockwood Family Library and are in the process of cataloging books, videos, and DVDs. Our system for checking out items isn't working and we are losing a number of books that can't be replaced.

So... We are asking that people contact a staff person to request help with the check out process. Books are loaned for one month and then should either be renewed or returned.

Recent purchases have been made with a grant from the Ruth Endowment Fund at Bay View Lutheran Church. They are:

- In the Shadow of God's Wings –copy 2 –Susan Gregg-Schroeder
- The Anti-Anxiety Workbook – Martin M. Antony, & Peter J.Norton
- Spirit & Dust – Meditations for Women with Depression – Maura Hanrahan
- Finding God – Praying the Psalms in Times of Depression – Thomas Lewis

## Thanks to...



NAMI Door County has recently received donations from the following persons and organizations:

- Door County Department of Community Programs (a grant sponsoring our Tuesday dinner expenses)
- William Wiederanders
- Anonymous Donor
- Yogi Bear's Jellystone Park Camp-Resort
- Fred J. Peterson Foundation
- Robert E. Hansen Family Foundation
- Stella Maris Parish
- Hope Fellowship
- Welsing's Foodland

Thank you to all the volunteers who served brats at Welsing's Foodland August 6, 7, & 8.

Go Team!

Dolly & Howard L. Aneta S. Wayne R.  
 Michaela H. Andy B. Mark S. Nancy S.  
 Kathy K. Marlys T. Laura H. Seth W. Mark  
 M. Sue E. Laurie S. Paul K.

We have one more weekend to schedule volunteers which is September 3, 5, 6. We have asked the Marine Corp League to take Saturday the 4<sup>th</sup>. Please call JAK's Place, 818-0525 and sign up for a three hour shift. We will try to provide transportation for those volunteers that need a ride.

And let's give Jim Klapatch a big hand for all the work he's been doing around JAK's!

September Birthdays:	Susan A.	Elizabeth G.
	Leslie C.	Linda G.
	Margaret A.	Sandy F.
		Karen S.

**Brat Fry -- September 3-5-6** JAK's volunteers will man the grill on Friday, Sunday, and Monday. The Marines will preside on Saturday.

JAK's Place  
820 Egg Harbor Road  
Sturgeon Bay, WI 54235

*Return service requested*

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## **BBQ Cookout Dinner !!!!!!!**

**Tuesday August 31st 5:30 pm, Jak'S Place**

Weather permitting we will eat outside. NAMI Board members Mark Moeller & Paul Klapatch will grill stuffed turkey and country style pork ribs. The rest of the meal will be pot luck – all are welcome to enjoy the feast. **PLAN ON ARRIVING EARLY TO HELP WITH THE SET UP!**

**DOOR-2-DOOR RIDES** — Get a ride anywhere within 3 miles of the center of Sturgeon Bay for \$3. Senior citizens and disabled, \$1.50 — **920.746.6948**

## **NAMI Family-to-Family**

The free 12-week course offers education and support for families and friends of people with mental illness. Classes begin Thursday, September 16 at 6:00 pm at JAK's Place.



Call for reservations and info:

Sue Ash — 743-6498

Roy Jilburg — 743-3168

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### **Meetings and Events**

**NAMI general meeting** — Monday September 13, at JAK's Place.

#### **NAMI — Open Support Group:**

Second and Fourth Mondays, September 13 and 27, 6pm, at JAK's.

**Faith in Recovery** — Fridays, 1:00-2:00

**Family-to-Family** — Thursdays at 6pm, at JAK's, beginning Sept. 16. To sign up, call:

Sue Ash 743-6498

Roy Jilburg 743-3168

### **JAK's Place schedule at a glance:**

Monday: 1—5

Wednesday - Thursday -

Tuesday: 1—7

Friday - 1—5

**Art group** Tuesdays, 2:30-4:00

**Tuesday Dinner** is at 5:00. Prep starts at 2:00. Cleanup at 6:00. **PLEASE SIGN UP AHEAD** so that we can plan how much to cook.

## **Closed Monday, September 6**

Visit [www.jaks-place.com](http://www.jaks-place.com) for updates