

What's Happening in October:

The week of October 4-10 is **Mental Health Awareness Week**. Now is the time to let people know that JAK's Place is here and why it's here.

There is really a month of activities scheduled for MIAW. NAMI will present the Door County Libraries with this year's book selection, "The Soloist" by Steve Lopez. We will give the Main Branch a copy of the DVD of The Soloist which stars Jamie Foxx and Robert Downey Jr. The lobby showcase will feature items on NAMI and JAK's Place.

A number of Lutheran Churches will have a candle lighting prayer service as part of their morning worship on a Sunday in October.

On October 8 there will be a presentation for the Rotary Club meeting at the Yacht Club. Laura is putting together a new power point for the occasion.

Tuesday October 27 NAMI will have a booth at the YMCA Health Fair sponsored by the Parish Nurses Organization. Our new Iris cards will be available for purchase.

A Halloween Party is planned for October 27. Gabi is going all-out with the pumpkin recipes.

<p>October Birthdays:</p> <p>John K Roseann K Allan M Marlys T Paul K.</p>	<p>Our new Internet computer is ready for use. Come on in and try out Google Earth. The office computer is moving into the back room; it will no longer have to serve two purposes.</p>
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Kelly Maravilla has been donating her time to lead a Tai Chi group each Thursday afternoon at JAK's Place. This past month Jenny Spude of UW-Extension led a demonstration in processing tomatoes, which then became the focus of the evening meal. Yum!

A special thank you to Nick Wolfe for his help at the House of Grace Concert at United Methodist Church in August.

Thanks so much!
 Howard and Dolly Lindsay

Thanks to...

In honor of Rev. Bill Wiederanders - Friends and family gathered over Labor Day weekend to celebrate with Bill on the occasion of his 75th birthday and the 25th anniversary of his ordination. In lieu of gifts, Bill asked folks to contribute to JAK's Place, in memory of his godson, Jonah Andrew Klapatch.



Memorials were received from: Bill & Nancy Wiederanders, Bob & Neta Wiederanders, Claudia Wiederanders, Dick & Millie Wiederanders, Ruth & Joshua Ramel, Shirley Birkholz, Paul Milner, Howard & Mary Ann Kusler, Jim & Cathy Dello, Mike & Jean Plum, Marlys Trunkhill & Paul Klapatch. Thank you all so very much! We feel honored indeed by these gifts and send our congratulations to 'Rev. Bill'.

JAK'S Place has received \$1,500. from the July Hunger Festival sponsored by area Lutheran Churches: Tanum Forest, Hainesville, Prince of Peace, Bay View, Immanuel; and Thrivent Financial for Lutherans. This donation will be used to support our weekly meals and to further our garden efforts next spring. We plant veggies to supply our members with fresh organic food.

Members of the Church of Atonement in Fish Creek have given us another large donation for kitchen renovation.

The David and Nancy Danis Fund, a part of the Door County Community Foundation, has presented NAMI Door County with a gift for our general operations. This gift is much appreciated and will enable us to meet our monthly expenses.

IN KIND Donations are greatly appreciated by NAMI/ JAK's Place. We are especially grateful to the many professionals who donate their services. Most recently we thank Jennifer Moeller, Attorney at Law for her help with the transition of the Porter-Kiehnau property donation. We have also had the two properties surveyed and thank Brian Frisque for his professional services and his able assistants Paul Klapatch and Mark Moeller.

JAK's Place
820 Egg Harbor Road
Sturgeon Bay, WI 54235

Return service requested



Anne Miller speaks along the way on our 3rd annual Walk for Recovery, Sept. 12. — From a short video by Kraig Kemp. If you missed the walk, you can see some photos at JAK's.

October 4-10 is Mental Illness Awareness Week

Mental illness is just another fact of life, not something to be ashamed of. Even though one out of every five people may experience mental illness at some time, most won't talk about it.

Somebody has to say something!

Our youngest member attended the anniversary celebration, but was not terribly excited about it.



Meetings and Events

NAMI — Monday, October 12 — Open Support Group, 6pm, General meeting 7:15, at JAK's.
Presentation from DC Community Programs

Monday, October 26 — Open Support Group, 6pm, at JAK's.

Survivors of Suicide support group will not meet this month.

Family-to-Family has been called off due to insufficient enrollment

Visit JAK's on the Web for news updates and more information — www.jaks-place.com

Knit and crochet with Marlys, Fridays at 2:00

JAK's Place schedule at a glance:

Monday: 1—5

Wednesday - Thursday -

Tuesday: 1—7

Friday - 1—5

Tuesdays — Art group, 2:30-4:00

Dinner is at 5:00. Prep starts at 2:00. Cleanup at 6:00
Jenny Spude will be in on Oct. 20

Tai Chi — Thursday Oct. 1, 8, & 15, then Mondays, at 2:00

Music Group — Thursday, October 22 3:00

Faith in Recovery — Fridays, 1:00-2:00

Closed Saturdays and Sundays, & Monday, Oct.12