






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																		
Please sign up ahead for Tuesday dinners	1 Open 1 - 5 Tai Chi -- 4:00 <u>Yoga</u> -- 5:00	2 Open 1 - 5 Art Group - 2:30 Dinner - 5:00	3 Open 1 - 5 Chess at 1:30 on Wednesdays movie at 2:45	4 Open 1 - 5 Nutrition group 4:00	5 Open 1 - 5 Faith in Recovery 1:00 Journaling Poets Group 3:30 - 4:30	6 Closed Saturdays and Sundays																																																																																																		
7	8 Open 1 - 5 <u>Yoga</u> -- 5:00 NAMI General Meeting 7:15 Support Group - 6:00	9 Open 1 - 5 Art Group - 2:30 Dinner - 5:00	10 Open 1 - 5 Game Day cards, board games, Wii -- 1:30-3:00	11 Open 1 - 5 Nutrition group 4:00	12 Open 1 - 5 Faith in Recovery 1:00 Journaling Poets Group 3:30 - 4:30	13																																																																																																		
14 Reminder: Newsletter needs your input!	15 Open 1 - 5 Tai Chi -- 4:00 <u>No Yoga</u>	16 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	17 Open 1 - 5 movie at 2:45	18 Open 1 - 5 Nutrition group 4:00 NAMI-JAK's Board Meeting 4:45pm	19 Open 1 - 5 Faith in Recovery 1:00 Journaling Poets Group 3:30 - 4:30	20																																																																																																		
21 Packer Party! Kickoff at 3:15	22 Open 1 - 5 Tai Chi -- 4:00 <u>Yoga</u> -- 5:00 NAMI Support Group - 6:00	23 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	24 Open 1 - 5 Game Day cards, board games, Wii -- 1:30-3:00	25 Open 1 - 5 Nutrition group 4:00	26 Open 1 - 5 Faith in Recovery 1:00 Journaling Poets Group 3:30 - 4:30	27 																																																																																																		
28 	29 Open 1 - 5 Tai Chi -- 4:00 <u>Yoga</u> -- 5:00	30 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	31 Open 1 - 5 Halloween Party! 1:30		Computer Lab every Friday. Call ahead if you can.																																																																																																			
		September 2012 <table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>Sa</th></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table>		S	M	T	W	Th	F	Sa							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							November 2012 <table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>Sa</th></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table>		S	M	T	W	Th	F	Sa					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30									
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