

NAMI Door County  
P.O. Box 273  
Sturgeon Bay, WI 54235

Phone:  
920-743-6162  
JAK's Place:  
920-818-0525

**2010 Board Members:**

Executive Board:

Co-Presidents: Marlys Trunkhill  
Mark Moeller  
Vice-President: Sue Ernst  
Treasurer: David Swender  
Secretary: Candace Worrick

**Members at Large**

Peter DeVaney	Personnel Committee
Sheryl Flores	Program Chair
Roy Jilburg	Care & Share Support
Paul Klapatch	Facilities Committee
Howard Lindsay	Personnel Committee
Nancy Schmidt	Care & Share Support
Margaret Buhk	Children & Family Committee
Seth Wiederanders	JAK's Place Liaison
Sarah Charney	Consumer Representative
Crystal Werkmann	Consumer Representative
Laura Haglund	Newsletter Editor

jaksplace@att.net  
jaksplace2006@gmail.com

**Join NAMI Door County 2011 now!**


Memberships run by calendar year and include local, state, and national dues and newsletters.

- \_\_\_ \$10 Low income/Consumer
- \_\_\_ \$35 Individual
- \_\_\_ \$50 Family
- \_\_\_ \$100-249 Supporter
- \_\_\_ \$250-499 Advocate
- \_\_\_ \$500-999 Sponsor
- \_\_\_ \$1,000 and up Benefactor
- \_\_\_ Check here if you would prefer that you be listed as an anonymous contributor

Make checks payable to NAMI Door County.

**Mail to:**

Treasurer  
NAMI Door County, P.O. Box 273,  
Sturgeon Bay, WI 54235

  
United Way  
of Door County  
A United Way Grant Recipient

NAMI of Door County is a  
501 (c) (3) public charity.  
Donations are fully tax  
deductible to the extent the law  
provides.



Yesterday, January 19th, we learned that our friend Gabriele Wolfe had passed away. She faced her battle with cancer head on, with a true test of all her German strength. We will miss her laughter at JAK's Place, her ethnic cuisine, and the smell of fried onions every Tuesday afternoon!

Gabi was our most vocal advocate for JAK's Place, spreading the word about the services and programs that we provide and soliciting volunteers, funding, and in-kind donations. New visitors to the center would say they had talked with Gabi after church and she had invited them to stop in for a tour and "see what we are about". Her gracious welcome and hospitality was contagious.

I first met Gabriele when I was employed at HELP of Door County in 1986 working as the Volunteer Coordinator. She was one of several on-call operators for their Crisis & Referral hot line. Most of us referred to Gabi as "the sheep lady". She was an active volunteer leader and teacher in the 4-H Program, giving a lot of her time to the community that had first welcomed her as a teenage foreign exchange student.

Our condolences go to her children, Monica and Nick.

- Marlys Trunkhill

*In Memory of Joshua Swingen  
May 29, 1984 - December 16, 2010*

David & Kelly Swingen, parents of Joshua, have generously given the memorial gifts received from friends and relatives to NAMI Door County to be used specifically for general operating expenses of JAK's Place, our mental health resource center.

We are extremely grateful to them and share their grief over the loss of their son. Kelly has a favorite quote to share: "We are all visitors to this time, this place. We are just passing through. Our purpose here is to observe, to learn, to grow, to love.....and then we return home." — *Aborigine Philosophy*



# Newsletter

February 2011

JAK's Place – 820 Egg Harbor Road, Sturgeon Bay Phone: (920) 818-0525 E-mail: jaksplace@att.net  
A resource center for anyone affected by mental illness, encouraging a caring atmosphere focused on the hopes, needs, goals and gifts of all who come through our door.

## JAK's Place schedule at a glance:

Monday: 1—5      Wednesday - Thursday -  
Tuesday: 1—7      Friday - 1—5

**Tuesdays — Art group, 2:30-4:00**

**Dinner** is at 5:00. Prep starts at 2:00. Cleanup at 6:00

**Faith in Recovery — Fridays, 1:00-2:00**

**Closed Saturdays and Sundays**

**Closed Monday, February 14**

*Check [www.jaks-place.com](http://www.jaks-place.com) for updates*

## Welcome to the Wii

As the old saying has it, "All work and no play make Jack a dull boy"--and the same for JAK's Place. The Lockwood Family Library, upstairs, is now the Lockwood Library/Stadium.

The Nintendo Wii game console is easy to use. It is an interactive game that uses handheld remote controllers. Your movements are sensed by the Wii, and a figure on the screen makes the same movements. You can play baseball, bowl, or do many other activities. Staff members can introduce you to its use. We hope to get a bowling team together, and eventually play a tournament against the Senior Center.


Up to four people can play at one time. Everyone must sign up in the Wii notebook, and must use the wrist straps that keep the remotes from being accidentally dropped or thrown.

The widescreen television will also be available for watching open channel shows, and we might even have weekend Packer parties. ☺

## Birthday Day!

In conjunction with our official Game Day, every third Wednesday, we will have a birthday celebration for everyone with a birthday in that month. Cake and other goodies will be on hand.

Our first Birthday and Game Days will be February 16 and March 16. Come on in and have some fun, it's all free!

 February birthdays: Mike F. and Julia L.

## THANK YOU

Gifts have been received from the following donors:

- \* The Guenzel Family in memory of Dr. David Boyd
- \* Mr. & Mrs. Frank Pammer, Dennis & Ann Starr, James and Margaret Meyer, in memory of Joshua Swingen.
- \* Steve and Patricia Tschech
- \* Margaret Albee
- \* Brian & Joan Wake
- \* Sandy Andre
- \* Ardis Fletcher



*Remembering Gabi*

# NAMI *Doorways*

## Newsletter of NAMI Door County



January—April 2011

National Alliance on Mental Illness

Volume 19 Issue 1

### From the Co-President

Dear Members and Friends,

NAMI Door County has certainly had a busy year in 2010 adding new programs, and trainings for both NAMI and JAK's Place. Susan Ash and Roy Jilburg trained another class of students in the 12-week Family-to-Family Program. Two of our members, David Swender and Seth Wiederanders, completed the training of 'In Our Own Voice' which they presented at our January 10th Meeting. They are available to give one-hour presentations in the community, sharing their personal stories of life with a mental illness. Their next presentation which is open to the public will be at the Community Programs Board Meeting at 10 am Thursday March 17th at the Government Center.

NAMI National has been working at getting their membership data base up and running after many delays and finally a change of staff. Our own membership appeal letter is a couple of months later than usual but it will go out yet this month. I encourage you to take the time to read the letter, celebrate our victories and reflect on how you can help our affiliate grow in numbers.

A few of us, mainly the board and staff, do a lot of volunteering at JAK's Place and in Fund Raising activities such as the Brat Sales in Valmy and the upcoming Love Festival at Bay View Lutheran Church on February 13th.

A new program for us in 2011 will be that of Supportive Employment for six consumers at JAK's Place. We have signed a contract with Door County Department of Community Programs and will be implementing this service February 1st. Initially the selected consumers will be available to work only a few hours per month, but this has the potential for increased hours in the future. Nancy Taylor will provide the technical help and job shadowing of these new employees.

So.....stay tuned for further news and advances in 2011.

A Happy St. Valentine's Day to all,

Marlys Trunkhill, Co-President

Please let us know if you move, so you won't miss any newsletters ☺

### Meeting Schedule

#### **Monday February 14**

6:00 Care & Share Support Group

7:15 Monthly Meeting

#### **Thursday February 17**

4:45 NAMI Board Meeting

#### **Monday February 28**

6:00 Care & Share Support Group

#### **Fridays February 4, 11, 18, 25**

1:00 Faith in Recovery

#### **Monday March 14**

6:00 Care and Share Support

7:15 Monthly Meeting

#### **Thursday March 17**

4:45 NAMI Board Meeting

#### **Monday March 28**

6:00 Care & Share Support

#### **Fridays, March 4,11,18,25**

1:00 Faith in Recovery

*Unless noted otherwise, all NAMI Meetings and Support Groups are held at JAK's Place, 820 Egg Harbor Road, Sturgeon Bay.*



**NAMI Door County**  
P.O. Box 273  
Sturgeon Bay, WI 54235



Non Profit Org.  
U.S. Postage  
**PAID**  
Sturgeon Bay, WI  
Permit No. 70

*Address service requested*

## 5th ANNUAL LOVE FESTIVAL CONCERT

Sunday February 13th 2:00 pm

Bay View Lutheran Church

Join us as we celebrate St. Valentine's Day with our fifth production of talented musicians gathered together in support of NAMI – Door County/JAK's Place. Allin Walker returns as the Master of Ceremonies. The Bone Boys open the festivities with a Fanfare that was commissioned by them from local composer Joel Blahnik some years ago. Next on the program is Dorothy Scott and Friends offering their special blend of styles.

A brief intermission will be followed by JAK's Place power point presentation. A classical music selection by Elizabeth Spaude, flute and Katy Swender, piano will highlight the free will offering of donations to JAK's Place.

Last on the program will be the thirty talented singers from TJ Walker Middle School Glee Club under the direction of Leslie Hill. A reception with the entertainers is open to all in the Fellowship Hall with 'treats and goodies' provided by NAMI members and JAK's Place staff.

We have some really great door prizes this year donated by local businesses and eating establishments which will be drawn throughout the course of the concert. Bring your sweetheart and enjoy an afternoon of pure pleasure

*We are grateful to Thrivent Financial for Lutherans in providing a financial match to NAMI for our free will offering.*