

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Please sign up Monday for Tuesday dinners	1 Art Group - 2:30 Dinner - 5:00	2 Anxiety & Depression Suppt. Grp. 10-11am Game Day 1:30-3:00	3 Tai Chi 2:00 Decoration Group 3:00	4 Computer Lab Fridays Contact Laura to arrange a session	5
6	7	8 Art Group - 2:30 Dinner - 5:00	9 Anxiety & Depression Suppt. Grp. 10-11am Game Day 1:30-3:00	10 Tai Chi 2:00 Decoration Group 3:00 Creative Journaling 4:30	11 	12
13	14 Open Support Group 6:00	15 Art Group - 2:30 Dinner - 5:00	16 Anxiety & Depression Suppt. Grp. 10-11am Game Day 1:30-3:00	17 Tai Chi 2:00 Decoration Group 3:00 Creative Journaling 4:30	18 	19
20	21 Cooking w/ Magda 3:45	22 Art Group - 2:30 Thanksgiving Dinner - 5:00	23 Anxiety & Depression Suppt. Grp. 10-11am Game Day 1:30-3:00	24 CLOSED 	25 We ARE open today. Avoid Black Friday stress; come to JAK's Place instead!	26
27	28 Cooking w/ Magda 3:45 Open Support Group 6:00	29 Art Group - 2:30 Dinner - 5:00	30 Anxiety & Depression Suppt. Grp. 10-11am Game Day 1:30-3:00			

October 2016

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December 2016

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