







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please sign up Monday for Tuesday dinners				1 CLOSED 	2 Open 1 - 5 Faith in Recovery 1:00 Journaling Poets 3:00 Meditation 4:00	3 Computer Lab Fridays
4	5 Open 1 - 5 Tai Chi -- 4:00	6 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	7 Open 1 - 5 Chess at 1:30	8 Open 1 - 5 Nutrition group 4:00	9 Open 1 - 5 Faith in Recovery 1:00 Journaling Poets 3:00 Meditation 4:00	10
11	12 Open 1 - 5 Tai Chi -- 4:00 Support Grp - 6:00 NAMI DC general meeting.7:15	13 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	14 Open 1 - 5 Game Day 1:30-3:00 Chess at 1:30	15 Open 1 - 5 Nutrition group 4:00	16 Open 1 - 5 Faith in Recovery 1:00 Journaling Poets 3:00 Meditation 4:00	17 <i>Reminder: Newsletter needs your input!</i>
18	19 Open 1 - 5 Tai Chi -- 4:00	20 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	21 Open 1 - 5 Chess at 1:30	22 Open 1 - 5 Nutrition group 4:00	23 Open 1 - 5 Faith in Recovery 1:00 Journaling Poets 3:00 Meditation 4:00	24
25	26 Open 1 - 5 Tai Chi -- 4:00 Open Support Group - 6:00	27 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	28 Open 1 - 5 Game Day 1:30-3:00 Chess at 1:30	29 Open 1 - 5 Nutrition group 4:00	30 Open 1 - 5 Faith in Recovery 1:00 Journaling Poets 3:00 Meditation 4:00	31

 **COMING NEXT MONTH!** 
 **LOVE FESTIVAL CONCERT**
 2:00 PM Sunday February 15
 Bay View Lutheran Church 

December 2014

S	M	T	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2015

S	M	T	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28


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