

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Please sign up Monday for Tuesday dinners	2 Open 1 - 5 Tai Chi -- 4:00	3 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	4 Open 1 - 5 Chess at 1:30 Movie at 2:45	5 Open 1 - 5 Nutrition group 4:00	6 Open 1 - 5 Faith in Recovery 1:00 Journaling Poets 3:00 Meditation 4:00	7 Closed Saturdays and Sundays
8	9 Open 1 - 5 Tai Chi -- 4:00 Support Group - 6:00 NAMI Gen. Meeting 7:15	10 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	11 Open 1 - 5 Game Day 1:30-3:00 Chess at 1:30 Movie at 2:45	12 Open 1 - 5 Nutrition group 4:00	13 Open 1 - 5 Faith in Recovery 1:00 Journaling Poets 3:00 Meditation 4:00	14
15 Reminder: Newsletter needs your input!	16 Open 1 - 5 Tai Chi -- 4:00	17 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	18 Open 1 - 5 Chess at 1:30 Movie at 2:45	19 Open 1 - 5 NAMI Board Meeting 1:30pm at Hope Church Nutrition group 4:00	20 Open 1 - 5 Faith in Recovery 1:00 Journaling Poets 3:00 Meditation 4:00	21
22	23 Open 1 - 5 Tai Chi -- 4:00 Support Group - 6:00	24 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	25 Open 1 - 5 Game Day 1:30-3:00 Chess at 1:30 Movie at 2:45	26 Open 1 - 5 Nutrition group 4:00	27 Open 1 - 5 Faith in Recovery 1:00 Journaling Poets 3:00 Meditation 4:00	28
29	30 Open 1 - 5 Tai Chi -- 4:00					Computer Lab every Friday. Call ahead if you can.

May 2014

S	M	T	W	Th	F	Sa
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4	5	6	7	8	9	10
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July 2014

S	M	T	W	Th	F	Sa
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