



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																			
1 Please sign up Monday for Tuesday dinners	2 CLOSED Labor Day! 	3 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	4 Open 1 - 5 Chess at 1:30 Movie at 2:45	5 Open 1 - 5 Nutrition group 4:00	6 Open 1 - 5 Faith in Recovery 1:00 Film Group 2:30 Journaling Poets 3:30	7 Computer Lab Fridays																																																																																			
8 Packer Party Kickoff at 3:30	9 Open 1 - 5 Tai Chi -- 4:00 Yoga -- 5:00 Support Group 6:00 NAMI Meeting 7:15	10 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	11 Open 1 - 5 Game Day 1:30-3:00 Chess at 1:30 Movie at 2:45	12 CLOSED	13 Open 1 - 5 Faith in Recovery 1:00 Film Group 2:30 Journaling Poets 3:30	14 Reminder: Newsletter needs your input!																																																																																			
15 Packer Party Kickoff at Noon	16 Open 1 - 5 Tai Chi -- 4:00 Yoga -- 5:00	17 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	18 Open 1 - 5 Chess at 1:30 Movie at 2:45	19 Open 1 - 5 Nutrition group 4:00 NAMI Board Meeting 4:45pm	20 Open 1 - 5 Faith in Recovery 1:00 Film Group 2:30 Journaling Poets 3:30	21 OPEN HOUSE 11am-2pm Quilt Raffle Drawing!																																																																																			
22 Packer Party Kickoff at Noon	23 Open 1 - 5 Tai Chi -- 4:00 NO Yoga Open Support Group - 6:00	24 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	25 Open 1 - 5 Game Day 1:30-3:00 Chess at 1:30 Movie at 2:45	26 Open 1 - 5 Nutrition group 4:00	27 Open 1 - 5 Faith in Recovery 1:00 Film Group 2:30 Journaling Poets 3:30	28																																																																																			
29	30 Open 1 - 5 Tai Chi -- 4:00 Yoga -- 5:00	OPEN HOUSE at JAK's Place Saturday, September 21, from 11am to 2pm Refreshments and a friendly welcome for all. Quilt Raffle drawing at 2:00 (You don't need to be present to win!)																																																																																							
Coming: Mental Illness Awareness Week October 6-12		August 2013 <table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>Sa</th></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr> </table>		S	M	T	W	Th	F	Sa					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	October 2013 <table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>Sa</th></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td></tr> </table>		S	M	T	W	Th	F	Sa			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
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