

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please sign up Monday for Tuesday dinners	1 Open 1 - 5 Tai Chi -- 4:00 No Yoga	2 Open 1 - 6 Art Group - 2:30 No Dinner	3 Open 1 - 5 Chess at 1:30 Movie at 2:45	4 CLOSED 	5 Open 1 - 5 Faith in Recovery 1:00 Film Group 2:30 Journaling Poets 3:30	6 Computer Lab Fridays and Mondays
7	8 Open 1 - 5 Tai Chi -- 4:00 NAMI Picnic Otumba Park 5:00 No Yoga	9 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	10 Open 1 - 5 Game Day 1:30-3:00 Chess at 1:30 Movie at 2:45	11 Open 1 - 5 Nutrition group 4:00	12 Open 1 - 5 Faith in Recovery 1:00 Film Group 2:30 Journaling Poets 3:30	13
14 <i>Reminder: Newsletter needs your input!</i>	15 Open 1 - 5 Tai Chi -- 4:00 No Yoga	16 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	17 Open 1 - 5 Chess at 1:30 Movie at 2:45	18 Open 1 - 5 Nutrition group 4:00 NAMI Board Meeting 4:45pm	19 Open 1 - 5 Faith in Recovery 1:00 Film Group 2:30 Journaling Poets 3:30	20
21	22 Open 1 - 5 Tai Chi -- 4:00 Yoga -- 5:00 Open Support Group - 6:00	23 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	24 Open 1 - 5 Game Day 1:30-3:00 Chess at 1:30 Movie at 2:45	25 Open 1 - 5 Nutrition group 4:00	26 Open 1 - 5 Brat Fry Film Group 2:30 Journaling Poets 3:30	27 Brat Fry
28 Brat Fry	29 Open 1 - 5 Tai Chi -- 4:00 Yoga -- 5:00	30 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	31 Open 1 - 5 Chess at 1:30 Movie at 2:45		Valmy Brat Fry days July 26-27-28	

Annual NAMI Picnic July 8
Otumba Park
Gather at 5:00, Dinner at 5:30
Bring voices and instruments!

June 2013

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August 2013

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