

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please sign up Monday for Tuesday dinners	<b>1</b> Open 1 - 5  Tai Chi -- 4:00  Yoga -- 5:00	<b>2</b> Open 1 - 6  Art Group - 2:30  Dinner - 5:00	<b>3</b> Open 1 - 5  Chess at 1:30 Movie at 2:45	<b>4</b>  Nutrition group 4:00	<b>5</b> Open 1 - 5  Faith in Recovery 1:00  Film Group 2:30 Journaling Poets 3:30	<b>6</b>
<b>7</b>	<b>8</b> Open 1 - 5 Tai Chi -- 4:00 Yoga -- 5:00 Support Group - 6:00 NAMI Gen. Meeting 7:15	<b>9</b> Open 1 - 6  Art Group - 2:30  Dinner - 5:00	<b>10</b> Open 1 - 5 <b>Game Day</b> 1:30-3:00 Chess at 1:30 Movie at 2:45	<b>11</b> Open 1 - 5  Nutrition group 4:00	<b>12</b> Open 1 - 5  Faith in Recovery 1:00  Film Group 2:30 Journaling Poets 3:30	<b>13 Open 12-4</b>  JAK's Saturday Matinee! Activities to be announced
<b>14</b>  <i>Reminder: Newsletter needs your input!</i>	<b>15</b> Open 1 - 5  Tai Chi -- 4:00 Yoga -- 5:00	<b>16</b> Open 1 - 6  Art Group - 2:30  Dinner - 5:00	<b>17</b> Open 1 - 5  Chess at 1:30 Movie at 2:45	<b>18</b> Open 1 - 5  Nutrition group 4:00  NAMI Board Meeting 4:45pm	<b>19</b> Open 1 - 5  Faith in Recovery 1:00  Film Group 2:30 Journaling Poets 3:30	<b>20</b>
<b>21</b>	<b>22</b> Open 1 - 5 Tai Chi -- 4:00 Yoga -- 5:00 Open Support Group - 6:00	<b>23</b> Open 1 - 6  Art Group - 2:30  Dinner - 5:00	<b>24</b> Open 1 - 5 <b>Game Day</b> 1:30-3:00 Chess at 1:30 Movie at 2:45	<b>25</b> Open 1 - 5  Nutrition group 4:00	<b>26</b> Open 1 - 5  Faith in Recovery 1:00  Film Group 2:30 Journaling Poets 3:30	<b>27</b>
<b>28</b>	<b>29</b> Open 1 - 5  Tai Chi -- 4:00 Yoga -- 5:00	<b>30</b> Open 1 - 6  Art Group - 2:30  Dinner - 5:00				<b>Computer Lab Fridays and Mondays</b>

**March 2013**

S	M	T	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**May 2013**

S	M	T	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
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26	27	28	29	30	31	