

JAK's Place – 820 Egg Harbor Road, Sturgeon Bay Phone: (920) 818-0525 E-mail: jaksplace@att.net
A resource center for anyone affected by mental illness, encouraging a caring atmosphere focused on the hopes, needs, goals and gifts of all who come through our door.

What's Happening:

VOLUNTEER RECOGNITION

Each year we honor our outstanding volunteers at the Annual Dinner in November. This year's recipients are:

Welsing's Foodland, Inc. – Jane, Pat and Nell. We have served brats at their tent in Valmy 12 weekends during the past three years to the benefit of JAK's Place. We look forward to another successful season next summer.

Dolly and Howard Lindsay for their support and presence at our weekly Tuesday evening meals. Dolly has baked umpteen birthday cakes and desserts and she takes the soiled linens home to launder.

Individuals honored were Laurie Sheets and Nick Cihlar. Laurie has greeted concert attendees and ushered at all six of our Love Festival Concerts each February. Nick has offered his help where ever needed at the Tuesday dinners; it may be setting the table, bussing dishes, or vacuuming the dining room. His volunteerism is greatly appreciated.

Laura made personalized certificates for our outstanding volunteers. The Welsings and Lindsays received gift certificates to Donny's Glidden Lodge Restaurant from NAMI; Laurie and Nick received gift cards to Target.

BRAVO! To all our many volunteers for a job well done!



NAMI BYLAWS

NAMI National has provided standards of excellence to all state and affiliate organizations. There are now only 2 categories of membership, Individual and Open Door (low income). There are also some minor changes that need to be made elsewhere in the bylaws. These changes were discussed at the November board meeting. Copies will soon be made available at JAK's Place; there will be further discussion at the next NAMI meeting on December 10th, and it will be voted on at the January 14th meeting.



Thanks to...

- Jacksonport United Methodist Church
- Attic Correctional Services Inc.
- Marlys Trunkhill – In honor of Seth's 40th Birthday

In Kind Donations:

- Jean Severson for the Thanksgiving Dinner on Tuesday
- Kraig Kemp – Miscellaneous food items
- Jerry Wick – 4 Turkeys for the freezer
- Habitat for Humanity - Baking Supplies
- Melissa Wolfe – Personal care items
- Everyone who provided food for the Annual Dinner and helped with the cleanup

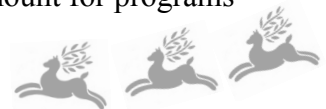


NAMI 2013 MEMBERSHIPS AND RENEWALS

The annual appeal letter will be sent out in early December asking for donors to continue their support of NAMI Door County, through membership and the opportunity to give donations at various levels of support.

Although memberships can be requested at any time of the year, it is especially helpful to our organization that these be processed in December and January for purposes of our projected budget for 2013. This year we are in need of additional support as our United Way grant is greatly reduced in the funding amount for programs offered at JAK's Place.

CSP HOLIDAY PARTY



Once again, a Holiday Celebration will be held at Bay View Lutheran Church, Tuesday December 18.

This event is sponsored by Door County Department of Community Programs. As in the past there will be musical entertainment provided, most likely a sing-along, a variety of gifts for lucky recipients, and a feast served at noon by CSP staff and their helpers.

JAK's Place
820 Egg Harbor Road
Sturgeon Bay, WI 54235

Stamp

Return service requested

Address Label

Coordinator's Corner

JAK's place is open to all. You need not be diagnosed with a mental illness to come in and participate. We have a group activity for everyone. Art, Poetry, Tai Chi, Yoga, Movies, Nutrition, Computer Skills, to name a few. We strive to be a place that anyone and everyone can come to meet with like minded people and have a good time.

It is clear that JAK's Place will never fail due to lack of customers. If you come in our door you are our customer and we value your patronage. We want you to have a good time and we want you to come back. Also, if you have something to contribute we would like to hear from you. Got an idea for another

group or group activity for JAK's Place? Talk to whoever is on staff and we will try to accomodate. We seek to expand programming wherever we can. We seek to have more participants, more visits, and more involvement from the people we serve.

October was a record setting month for JAK's Place. We had over 400 visits! Our Tuesdays and game days are particularly well attended. Magda and our faithful volunteers do an awesome job with our weekly meal and we average 20 people around the table. Want to help JAK's Place? Come on in and bring a friend! All are welcome. We'd love to have you.

— *Seth Wiederanders*



Meetings and Events

NAMI General Meeting — Mon. Dec. 10th, 7:15

NAMI — Open Support Group:

Monday, Dec. 10th, 6pm, at JAK's.

Anyone is welcome to come.



Tai Chi — Mondays, Dec. 3rd, 10th, & 17th 4:00

Yoga — Mondays, Dec. 3rd, 10th, & 17th 5:00-5:45

Art group Tuesdays, 2:30-4:00

Dinner at 5:00 on Tuesday, Dec. 4th & 11th, and Thursday, Dec. 27th

Movies — Wednesdays, 2:45

Chess Group — Wednesdays, 1:30



Game Days — every 2nd and 4th Wed., 1:30-3:00

Journaling Poets Group — Fridays, 3:30pm

Faith in Recovery — Fridays, 1:00-2:00

Friday is Computer Day!

Packer Parties—Dec. 2nd, 16th,
and 23rd, noon

CLOSED December 24th, 25th, and 31st



JAK's Place schedule at a glance:

Monday: 1—5

Wednesday - Thursday -

Tuesday: 1—6

Friday - 1—5