

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please sign up Monday for Tuesday dinners			Chess at 1:30 on Wednesdays	1 Open 1 - 5 Nutrition group 4:00	2 Open 1 - 5 Faith in Recovery 1:00 Journaling Poets Group 3:30 - 4:30	3 Closed Saturdays and Sundays
4 PACKER PARTY Kickoff at noon	5 Open 1 - 5  NO Tai Chi Yoga -- 5:00	6 Open 1 - 5 Art Group - 2:30 Dinner - 5:00	7 Open 1 - 5  movie at 2:45	8 Open 1 - 5 Nutrition group 4:00	9 Open 1 - 5 Faith in Recovery 1:00 Journaling Poets Group 3:30 - 4:30	10
11 Reminder: Newsletter needs your input!	12 Open 1 - 5 Tai Chi -- 4:00 NAMI Dinner Meeting (see below)	13 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	14 Open 1 - 5 Game Day cards, board games, WII -- 1:30-3:00	15 Open 1 - 5 Nutrition group 4:00 NAMI-JAK's Board Meeting 4:45pm	16 Open 1 - 5 Faith in Recovery 1:00 Journaling Poets Group 3:30 - 4:30	17
18 PACKER PARTY Kickoff at noon	19 Open 1 - 5 Tai Chi -- 4:00 Yoga -- 5:00	20 Open 1 - 6 Art Group - 2:30 Dinner - 5:00 <b>Turkey!</b>	21 Open 1 - 5  movie at 2:45	22 CLOSED 	23 CLOSED 	24
25	26 Open 1 - 5 Tai Chi -- 4:00 Yoga -- 5:00 NAMI Support Group - 6:00	27 Open 1 - 6 Art Group - 2:30 Dinner - 5:00	28 Open 1 - 5 Game Day cards, board games, WII -- 1:30-3:00	29 Open 1 - 5 Nutrition group 4:00	30 Open 1 - 5 Faith in Recovery 1:00 Journaling Poets Group 3:30 - 4:30	Computer Lab every Friday. Call ahead if you can.

NAMI Dinner Meeting Monday November 12  
Bay View Lutheran Church  
340 W. Maple Street  
5:00 Social Time; 5:30 Dinner  
6:00 Annual meeting and election of officers

October 2012

S	M	T	W	Th	F	Sa
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December 2012

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